



**5th International Conference Of World Council For Psychotherapy (Asian Chapter) And
4th International Conference Of Yoga And Psychotherapy Association Of India (YPAI)
On**

**PSYCHOTHERAPY, SCIENCE AND YOGA TRADITIONS
AT CHANDIGARH-THE CITY BEAUTIFUL OF INDIA FROM 5-8 JANUARY 2010**

INVITATION AND GREETINGS FROM CHANDIGARH-THE BEAUTIFUL CITY OF INDIA

Dear Colleagues,

Worldwide neuroses are increasing, headed by depression, numerous fears and psychosomatic complaints. But likewise the treatments of psychiatric illnesses and prophylaxis in psychosocial conflict constellations have developed into important scopes of work for psychotherapists. Psychotherapy is experiencing a strong fresh impetus all over the world, as it has reached a level of development that predestines it for the treatment of a large number of emotional disturbances.

You will be glad to know that the Asian Federation for Psychotherapy has decided to organize its 5th International Conference at Chandigarh-The beautiful city of India from 5-8 January 2010. Chandigarh is one of the very well planned beautiful City -250 Km from Delhi towards north India. It is very well connected with road, train and domestic airline.

It is hoped that this conference will encourage some of the Eastern and western psychologists to develop new and more effective integrated methods of psychotherapy.

You along with your colleagues are invited for this prestigious conference and circulate the information among your colleagues/ students/Research scholars and staff and encourage them for the maximum participation in this conference. Hope your moral support, participation and contribution for this prestigious event will be of great help in spreading the message of Psychotherapy and Yoga for Human Health and Happiness and Peace among the masses all over the world.

For further information or any question regarding conference, please contact at the Conference Office's address/phone or email.

Waiting for your earliest response, cooperation and participation.

Prof. Alfred Pritz
President-WCP

Prof. Ganesh Shankar
President-AFP

Prof. C.Giri
President-YPAI

CONFERENCE OFFICE

BDS - 1, University Campus, Sagar - 470003 (M.P.) INDIA
TEL :- 0091(07582)265539 FAX:- 0091(07582)220916
Email : cgiri@hotmail.com or prof.ganeshshankar@yahoo.in
Web page: www.worldpsyche.org OR www.asianpsyche.org

**5TH INTERNATIONAL CONFERENCE OF
ASIAN FEDERATION FOR PSYCHOTHERAPY (AFP)
&
4TH INTERNATIONAL CONFERENCE OF
YOGA AND PSYCHOTHERAPY ASSOCIATION OF INDIA (YPAI)**

Psychotherapy, Science and Yoga Traditions

January 5 – 8, 2010

**Asian Federation for Psychotherapy (AFP) and
Yoga and Psychotherapy Association of India (YPAI)**

DEADLINE FOR ABSTRACTS: October 31, 2009

SUPPORTED BY

**WORLD COUNCIL FOR PSYCHOTHERAPY, VIENNA (WCP)
WORLD COUNCIL FOR BODY PSYCHOTHERAPY, YUGOSLAVIA (WCBP)
ASSOCIATION OF PSYCHOLOGY & PSYCHIATRY FOR ADULTS & CHILDREN, ATHENS (A.P.P.A.C)
ISTITUTO DI PSICOTERAPIA ANALITICA ESISTENZIALE DI ASCOLI PICENO (IPAEA)
RUSSIAN PROFESSIONAL PSYCHOTHERAPEUTIC LEAGUE, MOSCOW (P.P.L.)
INSTITUTE OF BIOSENSORY PSYCHOLOGY, ST. PETERSBURG (I.B.P.)**

WEBSITE: www.psychotherapie.at/wcp/ and www.asianpsyche.org

Dear Colleagues and Friends,

On behalf of the **ASIAN FEDERATION FOR PSYCHOTHERAPY (AFP) AND YOGA AND PSYCHOTHERAPY ASSOCIATION OF INDIA (Y.P.A.I.)**, we are honoured to welcome you to the **5th International Conference of AFP** during January 5-8, 2010 which will be held at Chandigarh- the city beautiful of India.

Yoga and Psychotherapy Association of India (**Y.P.A.I.**) is a non-profitable organizations for the welfare of humanity, which is directly working under the guidance of World council for Psychotherapy and Asian Federation for Psychotherapy since 2001. It has been organizing various courses, workshops, seminars and conference at National and International level. It is also publishing various materials related to yoga and psychotherapy for health, happiness and peace.

This year's Conference theme is "**Psychotherapy , Science and Yoga Traditions**"

The **5th International Conference** will be both Indian and global, both with regard to the theme of the Conference and the participation from all over the World. It will bring together international and local experts with diverse backgrounds to address a wide variety of topics of significant interest in Psychotherapy Science and Yoga Traditions.

Our Colleagues are preparing an outstanding and extraordinary event in terms of the programme, the setting and the facilities available. We are sure you will find your participation rewarding and we look forward to welcoming you to Chandigarh in India!

Conference Chair

- 1. Prof. C.Giri**
President of Yoga and Psychotherapy Association of India
Board Member of WCP
- 2. Prof. Alfred Pritz**
President of World Council for Psychotherapy
Rector- Sigmund Freud University, Vienna -Austria

Director of the Conference

Prof. Ganesh Shankar
President of Asian Federation for psychotherapy,
Board Member and Vice -President of WCP

CONFERENCE COMMITTEES

<p>HONORARY CHAIR A.Pritz (Austria) Dharm Vir (India) Viktor V. Makarov(Russia) Mingyi Qian(China) Yuji Sasaki(Japan) Ali Mohamad Godarzi(Iran)</p>	<p>ORGANIZING COMMITTEE</p> <p><u>Chair:</u> C.Giri</p> <p><u>Director</u> Ganesh Shankar</p> <p><u>Secretary:</u> N.R.Bhargav</p> <p>Joint Secretary Arpan Bhatt</p> <p>Local Secretaries Jai Krishan and Kamal Goswami</p> <p>Finance Secretaries Nitin Korpall and Narain Prakash</p> <p><u>Members:</u></p> <p>Brajesh Singh Thakur Rajeev Bhanot Rakesh Giri Ajay Dubey Naresh Gharu Ravi Kant Khare Sarika Shukla Sikha Patel</p>	<p>INTERNATIONAL SCIENT. COMMITTEE</p> <p>Keishin Kimura(Japan) S.B.Mishra (India) A.K.Mukhopadhyaya(India) Achutanand Dash(India) Ananda Balyogi (India) Arpan Bhatt(India) Pavel (Russia) Ljiljana Klisic (Yugoslavia) Mrs. Demy Kotta(Greece) Asshish Phadke(India) Brant Cotright(U.S.A) Chenchulaxmi Kolla (India) Jamie Williams (U.S.A) Linda .L. Friend(Newzeland) Nahid Keykhaee(Iran) Punam Rani Shukla (India) Reiner Heidelberg(U.S.A) S.Koteswar Rao (India) Shahram Dehbozorgi(Iran) Shohreh Sharifian (Iran) Tsutomu Kamei (Japan)</p>
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TENTATIVE PROGRAM

	03-01-10 & 04-01-10	05-01-10	06-01-10	07-01-10	08-01-10
Morning	Pre. Conf. Workshop/	Opening Ceremony	Invited Lectures/ Symposia	Invited Lectures/ Symposia	Invited Lectures/ Symposia
Afternoon	Pre. Conf. Workshop	Symposia/ Paper presentations	Symposia/ Paper presentations	Symposia/ Paper presentations	Best paper presentations/ Closing Ceremony
Evening	Pre. Conf. Workshop	Cultural Program /Spiritual Bhajan/ Discourses	Local Sight Seeing Tour	Cultural Program /Spiritual Bhajan/ Discourses	Local Sight Seeing Tour

SCIENTIFIC PROGRAMME

Announcements

The announcements will be brief reports, categorised according to their topic to different Sessions. Each announcement will last 15 or 20 minutes (including questions).

Debates

Debates will cover important and controversial issues in Yoga, Science and Psychotherapy. Each of them (90 minutes) will include brief initial presentations followed by a broad interactive discussion. The topics and the experts will be identified by the Scientific Committee.

Forums

These sessions (90 minutes each) will cover critical issues in Psychotherapy, Science and Yoga Traditions and will be organised by experts invited by the Scientific Committee.

New Research Reports

These will be brief reports (20 minutes + 5 minutes of discussion) presenting new research findings of potential general interest. They will be selected by the Scientific Committee from those submitted by any interested participants.

Posters

Posters will be presented in Poster Sessions, grouped by subject. They will be selected by the Scientific Committee from those submitted by any interested participants. Each poster should be 100 cm wide x 120 cm high. The text and illustrations should be readable from a distance of 2 meters.

Regular Symposia

These 90 minutes sessions will be selected by the Scientific Committee from those proposed by any interested participants. Each symposium will include no more than five presentations.

Special & Plenary Lectures

A series of Special Lectures (30 minutes + 10 minutes of discussion) will be presented by leaders of several fields invited by the Scientific Committee. The plenary lectures will have a strong scientific focus and will be mainly theoretical and research-oriented.

Video & Film Sessions

These sessions (up to 90 minutes each) will show videos and films involving the presentation of perspectives from different parts of the world. They will be selected by the Scientific Committee from those submitted by any interested Yoga Expert and Psychotherapist.

Workshops

Courses will be of 3 or 6 hour duration. For each of the courses, a minimum of 10 and a maximum of 25 participants will be accepted. Courses must be designed to emphasize active involvement of the participants and include an opportunity for an informal exchange with the faculty.

INDICATIVE TOPICS

1. Addictions
2. Affective Disorders
3. Aggression
4. Anxiety Disorders
5. Art and Psychiatry
6. Biological Psychiatry
7. Bipolar Disorder
8. Child & Adolescent Psychiatry
9. Conflict Management
10. Behavioural Sciences
11. Classification of Disorders
12. Clinical Psychopharmacology
13. Cognitive Psychotherapy
14. Community Psychology & Psychiatry
15. Cultural Psychiatry
16. Depression
17. Diagnosis
18. Eating Disorders
19. Ethics in Psychiatry
20. Family Research
21. Group Psychotherapies
22. Interpersonal Psychotherapy
23. Law & Forensic Psychiatry
24. Measurement Instruments

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| 25. Memory and Cognitive Disorders | 38. Psychopathology |
| 26. Mental Health Care | 39. Psycho-oncology |
| 27. Mood Disorders | 40. Psychotic Disorders |
| 28. Mood Stabilizers Disorder | 41. Quality of Life |
| 29. Neuropathology | 42. Rehabilitation |
| 30. Neuroimaging | 43. Schizophrenia |
| 31. Obsessive-Compulsive Disorder | 44. Sleep Disorders |
| 32. Occupational Psychology | 45. Stress |
| 33. Panic Disorder | 46. Suicidality |
| 34. Pain | 47. Women's Mental Health |
| 35. Personality Disorders | 48. Yoga and Traditions |
| 36. Preventive Psychiatry | 49. Psychotherapy of Different Countries |
| 37. Psychoanalysis and Psychodynamic
Psychiatry | 50. Spirituality and Related Topics |

ABSTRACT SUBMISSION INFORMATION

All participants are invited to contribute to the Scientific Programme by submitting their **proposal** to the **A.F.P** Secretariat. All accepted abstracts will be presented in the **Abstract Book**, which will be distributed at the Conference.

Abstracts will be reviewed by a panel of experts and selected on the basis of merit for oral or poster presentation. The **time allotted** for each oral presentation will depend on the session to which the abstract is allocated.

Notification of acceptance or rejection by the Scientific Committee will be mailed to the corresponding author **within 2 weeks**. In case you have not received an acceptance letter, please contact the Conference Secretariat.

Authors must follow the **guidelines** for abstract submission set out below.

HOW TO SUBMIT

Proposals for papers, symposia, round tables, workshops and any kind of scientific participation should be submitted by **October 31, 2009** by e-mail to the Conference Secretariat.

The abstract should not exceed **250 words** and should be written in **12 cpi Times New Roman**.

The abstract should have the following form:

1. **TITLE:** Make the title of the abstract brief, clearly indicating the nature of the investigation. Use CAPITAL LETTERS for the title
2. Authors' names, with the name of the presenting author written first and underlined. Type only the initial of the first name(s), which should be followed by the family name(s).
3. Authors' Title(s) / Profession / Position
4. Institution / Organisation
5. Abstract:
 - Introduction
 - Aim
 - Method
 - Results
 - Conclusion

Abstracts will contain **text only** – graphs and pictures cannot be inserted and will not be printed. Do not include references and footnotes in the abstract. Please avoid boldfacing, italics and underlining within the text.

Letter of Invitation: The Organizing Committee will be delighted to issue a formal letter of invitation for participants, which is intended to facilitate raising funds & obtaining entry visa; ***it does not entail any financial commitment*** from the Committee towards the delegates.

REGISTRATION INFORMATION

PAYMENTS:

All payments should be made in **Euro (€)**. **Personal cheques** will NOT be accepted. All payments should be paid in advance to make necessary arrangements and to avoid any problem at the last moment.

Students must attach a copy of their student ID, and **Trainees** a signed certificate from their department head or supervisor.

For **cancellations** received in writing prior to **October 31, 2009**, 30% of the registration fee will be kept as cancellation fee. Please note that there will be **no refund** for cancellations received after this date.

Registration: Registration (for delegates who wish to register on site) and material pick-up (for all registered participants) will take place on January 3, 2010 at **Y.P.A.I. /Conference office**, from 09:30 until 10:30. For delegates who do not wish to participate to the **Workshop and Symposium**, registration will take place at the **University**, on January 5, 2010, from 10:00 until 13:00.

REGISTRATION FEE

	Until October 31	After October 31	On Site	For Indian Delegates
Specialists, Professionals	300€	370€	450€	Rs.3000=00
Residents, Trainees & PhD Students	250€	300€	380€	Rs.2000=00
Accompanying Persons	200€	250€	300€	Rs.1500=00
Pre Conference Workshops and Symposium	50€	70€	100€	Rs. 500=00

Registration Fee includes participation in all sessions, conference abstract book and kit, breakfast and lunch during the conference days.

ACCOMMODATION

Accommodation for the foreign delegates/participants can be arranged on request basis in the hotels on advance payments. The local transport to the conference venue will be provided free during the conference days.

Hotels

Category –A: 40€ per night

Category –B: 30€ per night

Category –C: 20€ per night

To make a hotel reservation, it is necessary to fill in the **Accommodation Form. Please ask from the Conference Secretariat ypai_yoga@hotmail.com to send you by e-mail information on the hotels and the Accommodation Form.**

Simple accommodation to the Indian Participants will be provided in the Guest House, Dharmshalas and Hostels

TOURS (Optional)

The following tours will be arranged on request and advance payments (Only Transportation):

1. One Day Chandigarh Local Sight Seeing- **10€ per person.**
2. Chandigarh, Shimla (Himalyas) Tour (Two Days)- **100€ per person**
3. Delhi, Agra, Jaipur and Chandigarh Tour (Five Days) will be arranged before or after the conference-**200€ per person.**

CONFERENCE – RELATED INFORMATION

REGISTRATION AND INFORMATION DESK

The Registration Desk will be located at the **Conference Office at Chandigarh, India**. In order to register, please bring along your letter of confirmation, which entitles you to pick up your Congress kit.

NAME BADGE

Participants and accompanying persons will receive a name badge. **Everyone is kindly requested to wear this badge for all Congress activities.**

CERTIFICATES OF ATTENDANCE

The certificates will be given during the last 2 days (January 7 and 8, 2009) to every participant who has paid the registration fee and has attended the congress. For your Certificate, please return to the Secretariat the **Congress Evaluation Form** (found in the congress kit).

VISUAL EQUIPMENT

All meeting halls are equipped with projectors as well as laptops for speakers needs. Speakers are kindly requested to check and deliver their presentation to visual reception secretariat **at least (1) one hour** before scheduled presentation.

GENERAL INFORMATION

CONGRESS VENUE

The Congress will be held at **Chandigarh- the City beautiful of India**
Tel.: (+91) 7582 265539 OR +0091 9425656196

HOW TO GET THERE

By Air: Domestic Air Line Services are available from main cities of India

By Train: Direct trains are available from the main cities of India

By Bus: *Fast Bus services are available from all main cities of north India.*

By Taxi: You can hire Taxi from Delhi.

CLIMATE AND CLOTHING

The weather is (5 – 10 °C).

GROUP PARTICIPATION AND CONCESSIONS FOR FINANCIAL WEAKER SECTIONS:

There are several concessions in registration fee / accommodation for group participations and financial weaker sections. All those who are interested in getting the benefit should write or contact as early as possible before 31st October 2009.

For any other conference and request please write or contact at the Conference Secretariat

Conference Secretariat

BDS-1, Sagar University, Sagar-470003 M.P. –INDIA

Tel.: (+91) 7582 265539 OR +0091 9425656196

WEBSITE: www.psychotherapie.at/wcp/ and www.asianpsyche.org

ABSTRACT FORM

For **each** presentation, at least one of the writers **must register** for the Conference **no later than October 31, 2009**.

All presenting authors are kindly requested to send us a **copy** of their presentation (preferably the full text) at least until **October 31, 2009** for **official** purposes.

Abstract Submission Deadline: October 31, 2009

Abstracts (word document, attached) as well as the completed Abstract Form should be sent by e-mail to ypai_yoga@hotmail.com or prof.ganeshshankar@yahoo.in

Family Name: _____ Name: _____ Title: _____
Mr ___ Mrs ___ Dr ___ Prof ___ Director ___ Institute: _____ Dpt: _____
_____ Position: _____ Mailing _____
Address: _____ No: _____ P.Code: _____ City: _____
_____ Country: _____ Telephone: _____
_____ Fax: _____
Cell: _____ Email: _____ Site of _____
Organization: : _____

Type of Presentation Requested (Please check one): ORAL _____ POSTER _____

Topic (Choose from the Indicative Topics List or Propose your own)

OFFICIAL CONFERENCE LANGUAGES

English (EN) and **Hindi** (Indian)

POSTER BOARDS

Posters will be on display in the Poster Area (Room 1) for the entire duration of the Congress.

Dimensions of the poster boards (including frames) are 100 cm in width and 180 cm in height. To ensure good legibility of your poster, we recommend a **maximum size** of 90 cm in width and 120 cm in length. Pins and tape for fastening the posters will be available in the Poster Area.

REGISTRATION FORM

Please fill in the Form and send it by e-mail attachment or Fax to the Y.P.A.I.

Data: Family Name: _____ Name: _____
Title: Mr. ___ Mrs. ___ Dr. ___ Prof. ___ Institute/Organisation: _____
Dpt: _____ Position: _____
City: _____ Country: _____ Postal Code: _____
Mailing Address: _____ No: _____
Website: _____ Fax: _____
Tel: _____ Cell: _____ Email: _____

For **Visa & Master Card**, the fee should include a **+3% charge** for expenses.

