



## World Council for Psychotherapy

NGO in Special Consultative Status with the Economic and Social Council of the United Nations

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### UN Report 2006-2010

#### Goals of the World Council for Psychotherapy (WCP)

1. To promote psychotherapy on all continents of the world (in accordance with the Strasbourg Declaration on Psychotherapy of 1990).
2. To enhance the conditions for psychotherapy patients.
3. To cooperate with national and international organizations in peacekeeping and conflict management measures.
4. To create an international information center for psychotherapy.
5. To reach a counseling status as a Non Governmental Organization (NGO) of the United Nations (UN).
6. To establish international ethical guidelines for psychotherapists.
7. To support all efforts to achieve and maintain human rights.
8. To establish international working groups on special topics.
9. The exchange of training standards world-wide.
10. To support its members in all psychotherapeutic concerns.
11. To develop a group intervention program (i.e., WCP Wellness Workshops) to train mental health professionals world-wide to assist those effected by environmental trauma so that they are better prepared to deal with their anniversary reactions.
12. To develop a world-wide Disaster Trauma Training Certification Program (DTTCP) to identify gatekeepers who have the local knowledge to more effectively direct local, national, and international responders and service providers to places where they are most needed.

Since 2007, 180 World Certificates for Psychotherapy (WCPC) have been issued to holders in many different countries all over the World. The World Council for Psychotherapy is concerned to protect the standards of this profession and the public it serves, by ensuring that the profession functions at an appropriate level of training and practice. One of its immediate aims is to establish a World Certificate of Psychotherapy (WCPC), which will help ensure that psychotherapists are trained to WCP's standards. This will also help foster the mobility of professional psychotherapists.

The World Council for Psychotherapy has WCPC holders in

- 1) Africa (Cameroun, Egypt, Marocco, South Africa)
- 2) America (Argentina, Bolivia, Brasil, Canada, Colombia, United States of America, Uruguay, Venezuela)
- 3) Asia (China, India, Iran, Japan, Kazakhstan, Russia)
- 4) Australia (New Zealand) and
- 5) Europe (Albania, Austria, Belgium, France, Germany, Greece, Hungary, Ireland, Italy, Kosovo, Latvia, Luxembourg, the Netherlands, Norway, Portugal, Serbia, Slovakia, Slovenia, Switzerland, Ukraine, United Kingdom)

In April 2008, the new “Lebanese Syndicate of Psychotherapists and Psychoanalysts (SPP)” was formed in Beirut. It is a non-profit organization to provide accreditation, standards of practice, professional identity and self regulation for psychotherapy professionals. SPP’s goal is to insure for psychotherapists and psychoanalysts national and international recognition, ongoing supervision, professional contacts and shared possibilities.

The SPP establishes guidelines, promotes education and training, strengthens the professional identity of the members and provides networking and resource development. Several committees have been formed within the SPP (e.g. the Ethics Committee, The Finance Committee) to ensure an effective, influential and informed treatment of diverse matters of importance to the profession.

WCP, at its 2008 meeting in Beijing, China, adopted the need to develop a trauma training certification process. Dr. Kelly Ray, President-elect of the Louisiana Psychological Association (LPA), member of the WCP, and Dr. Darlyne G. Nemeth, currently in practice at The Neuropsychology Center of Louisiana, board member of the WCP and Vice President of the USA Chapter, are co-chairs of this project. The idea for the project developed as an out-

growth of The Hurricane Katrina experiences wherein the real "go to" people, hereafter referred to as "gatekeepers," were seldom the ones chosen for direction and advise. Instead, individuals who were not familiar with the disaster areas, were asked to lead or offer guidance.

In speaking with WCP members throughout the world, similar patterns were found. Often the people with the real knowledge of the area are passed over. Therefore, WCP is in the process of developing a Disaster/Trauma Training Certification program. Those with a DTTCP credential will be put into a data base on WCP's website and a list/link will be forwarded to the UN and other appropriate organizations. These gatekeepers will not be first or second responders. Rather, they will be available to organizations and responders for advise and direction. Further steps in development will be discussed at the 6<sup>th</sup> World Congress for Psychotherapy in Sydney, Australia. Dr. Gloria Mulchay, WCP Vice President for Canada, will take the lead on developing credentialing for the Native Healers; whereas, Drs. Nemeth, Ray, and Kuriansky, will develop credentialing standards for mental health professionals. (In April, 2010, one such credentialing continuing education symposium was co-sponsored by WCP and LPA. Another symposium was held at the June, 2010, University of Southern Mississippi's Returning to Katrina Conference.) A student member, Ms. Mallory Bonnette will be in charge of developing and implementing the data base for this project. She will be working under Dr. Alfred Pritz in Vienna, Austria. See attached e-mail letter.

In 2008 the 5<sup>th</sup> World Congress of Psychotherapy took place from October 12<sup>th</sup> – 15<sup>th</sup> in Beijing, China. The title of this Congress was "East meets West; The Global Challenges in Psychotherapy" and was organized by the China Association for Mental Health, the Chinese Psychological Society and the Department of Psychology of Beijing University. This event was under the auspices of the World Council for Psychotherapy. Over 1500 people from all over the world attended.

During the congress, Dr. Judy Kuriansky and Dr. Darlyne Nemeth conducted a workshop to prepare Chinese mental health professionals to help those affected prepare for the one year anniversary of the Sichuan Earthquake. The techniques offered, with appropriate cultural modifications, were those utilized in the very successful Hurricane Wellness Workshops one year post Hurricane Katrina. A copy of a recently accepted journal article may be found attached to this report. This paper is to be published in the next edition of the University of Southern Mississippi Gulf Coast's Center for policy and resilience journal, *Global Horizons*.

These workshops, which were primarily sponsored by the World Council for Psychotherapy, will be repeated at the WCP 2011 Conference in Sydney, Australia. The purpose of doing so will be two-fold: 1) to train Australians and New Zealanders in these emotional recovery techniques so that they can prepare mental health professionals to assist those affected by the floods and earthquakes in resolving their anniversary distress and 2) to train gatekeepers for WCP's DTTCP project.

In 2011 the 6<sup>th</sup> World Congress of Psychotherapy will take place from August 24<sup>th</sup> – 28<sup>th</sup> in Sydney, Australia. The title of this forthcoming congress is “World Dreaming”. The Congress will feature internationally renowned psychotherapists, representing different fields of psychotherapy, counseling, and related disciplines and will be hosted by the World Council for Psychotherapy and the Psychotherapy and Counseling Federation of Australia (PACFA). A number of oral and poster presentations, invited symposia and workshops are currently being planned for the Congress. The South Pacific Islands are under threat economically and geographically in the context of climate change and have a huge investment in finding solutions to this global challenge. Australia, placed as it is between Oceania and Asia, has one of the most multicultural societies on earth, where people from all parts of the world have made homes. Where better to bring voices together from all parts of the world to engage in the processes of speaking, listening, being moved and reflecting on our experience. The goals of the congress will be to stimulate a creative process of “dreaming together” and to offer successful interventions for those affected by environmental trauma. In this manner, WCP continues to serve as a UN/NGO partner.

Dr. Judy Kuriansky, Dr. Darlyne Nemeth, and Dr. Robert Hamilton are in the process of editing a book, “Sick from Environmental Trauma,” for ABC-CLIO publishers. This wholistic approach to protecting our biosphere with sustainable management on all levels is consistent with the goals of the United Nations. Furthermore, this book, which is an outgrowth of the 60<sup>th</sup> annual UN DPI/NGO conference will feature a chapter by Dr. Yasuo Onishi, who is currently assisting the Japanese government in the management of the Fukushima Nuclear Disaster.

Specifically, on behalf of WCP, Dr. Onishi, who was in charge of the clean up of Chernobyl, presented at the 60<sup>th</sup> annual UN DPI/NGO meeting in September 2007. His symposium entitled, “Strategies to Facilitate Biosphere Management and Lifestyle Change: Measures to

Protect the Environment and Prevent Drastic Sequelae of Current and Future Climatic Changes,” highlighted one salient fact. Scientists, governments, corporations, and concerned organizations are often fragmented in their efforts to preserve the present and protect the future. Some of this is due to the different levels of organization that are the focus of each organization and the spatial and temporal scales that are of particular interest to that organization. That is why WCP sponsored this integrated presentation, which featured scientists from various levels and areas. Along with Dr. Onishi, Dr. Guillermo Garrido, psychiatrist from Venezuela, Dr. Robert Hamilton, ecologist from Louisiana State University, Dr. Donald Nemeth, geologist and president of Envirosphere Consulting, Dr. Yoa Albuquerque, director of the UNESCO Biosphere Reserve project in Brazil, and Dr. Darlyne Nemeth, clinical and neuropsychologist, and Vice-president of the United States chapter of WCP, were co-participants in the symposium panel. As this panel was video recorded, a copy is available from Dr. Darlyne Nemeth.

As WCP is committed to assisting individuals in developing more productive styles of thinking, feeling, and behaving, a sequel to this presentation was made in Beijing, China in October 2008. This symposium, which was titled, “Climate Change, Social Trauma, and Lifestyle Modification,” again featured Dr. Yasuo Onishi. Co-presenters were Drs. Garrido, D.F. Nemeth, Hamilton, & D.G. Nemeth. Also presenting were Ms. Anna Onishi and Ms. Courtney Lamar. Lastly, WCP’s current goals are reflective the wisdom of Dr. Albert Einstein, who stated, “We shall require a substantially new manner of thinking if mankind is to survive.”

Respectfully submitted by,

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