The Lebanese Syndicate of Psychotherapists and Psychoanalysts (SPP) is a non-profit organization formed in April 2008 in Beirut to provide accreditation, standards of practice, professional identity, and self-regulation for psychotherapy professionals.

SPP’s goal is to insure for psychotherapists and psychoanalysts national and international recognition, ongoing supervision, professional contacts and shared possibilities, and to protect their rights and help them fulfill their professional obligations. SPP promotes the field of psychotherapy and psychoanalysis and assists those professionals who are committed to practice. It also seeks to improve the public perception of psychological treatment, educate the public about the benefits, and ensure patient protection. It is the first and only syndicate in the field of psychotherapy and psychoanalysis in Lebanon and the Middle East and is already recognized widely as the union of Lebanese practitioners.

The Syndicate of Psychotherapists and Psychoanalysts has established a cohesive national organization that provides the best credentials to psychotherapists with a view to achieving an ethical, highly educated and well-trained corps of professionals. The Syndicate offers its members also opportunities to associate with one another and is committed to an ongoing personal and professional growth of its members. It brings its members together regularly around seminars and workshops, and hosts professors, trainers, and active researchers in the field who share advanced theoretical and clinical knowledge.

The Syndicate establishes guidelines, promotes education and training, strengthens the professional identity of the members, and provides networking and resource development. Several committees have been formed within the Syndicate (e.g. the Ethics Committee, the Finance Committee) to ensure an effective, influential, and informed treatment of diverse matters of importance to the profession.