

Dear colleagues, Mrs Darlyne G. Nemeth,

Following your mail sent on June 19th, 2014 about the "WCP executive Council Meeting" and concerning the four points mentioned to specify my contribution in the WCP meetings for the last 3 years especially concerning the Millennial Goals of the United Nations and my suggestions concerning the progression of the millennium objectives which aim to reduce and ease the emotional suffering in the world and the role of WCP in this important process...

I communicate the following observations:

1- Before my nomination in the WCP, I had written in 2007 a book in Arabic under the name of "TABYEEN" ("TO DISCOVER" the symptom of the human being as a suffering message of sadness in his environment having a meaning and a function, for the individual and for the social system in which she lives). Since then, I have elaborated a training program for psychotherapists (TABYEEN program: which means highlighting the symptom) where 200 psychotherapist were trained and the majority of them work with international organisations which listen to refugees and immigrants originating from different countries in the region. Every listening in the curriculum of this program aims to relieve and try to find convenient solutions to the adversity in their materialistic and moral existence. The axis of this book TABYEEN shape clearly the objectives of the WCP in accordance to the statement of Vienna & of Strasbourg and the objectives of WHO.

The training in TABYEEN Center in Lebanon is done in coordination with the I.E.F.S.H. under the patronage of Professor Moni ElKaiim and according to the EFTA standards.

2- My intervention in the Marrakech congress in 2011 under the theme: "neurosciences, psychotherapy and cultural transmission" falls under this same context and specifically through the "criminal intentions and the scenario of its execution". My text presents the results of my experience in the arab world of Machrek (The Levant) concerning crimes especially those related to honour and the suffering of children, teenagers and women in socio-economical and emotional domains such as poverty, security, love, identity, sicknesses etc... which are existential problems not resolved and they usually end in criminal acts. My goal was to try to abort the criminal act scenario either by anticipation or intervention after the act to relieve and try to prevent future acts.

3- After the Marrakech congress and in agreement with the president of WCP, Professor Alfred Pritz, I am preparing a congress in Beirut Lebanon under the theme: "medicine, psychotherapy and cultural transmission, Machrek-Maghreb", Mr Mony El Kaiim is the honorary president of the scientific committee. The objectives of the congress are the same as listed in this text.

4- In all my activities as psychotherapist, I adopt the integrative approach characterised by my "analytico-systemic" model which considers every behaviour* is the result of many information and variables which spread between the microscopic and macroscopic: which means the informations related to the environment and the informations related to the emotions, and it is the specialist of listening, suffering and human discomfort to relieve and mostly to try and change the framework, source of suffering on the materialistic and relational level. The psychotherapist should take into consideration the framework and collaborate with colleagues of all specialisations to help those who suffer and are disadvantaged. These specialists who might be Physicians, therapists, sociologists, economists, anthropologists, architects... all work together in accordance to the millennium objectives of the world organisations.

* I give the example of Bulimia & Anorexia that are the result of an intersection between sexual, alimentary & emotional deficiencies. Deficiency is the result of either poverty and hunger in poor places or the exceeding dependence in the life of a poor person who became rich without knowing the culture of the rich people and their bourgeoisie environment, So, it is an oscillation between the anorexia of poverty and bulimia of the newly rich person. We are facing a problem that is really analytico-systemic where the elementary needs mentioned

of the human being undergo a profound dysfunction in familial systems, institutions and environments. We can clearly see that the social Macroscopic includes the elementary psyche Microscopic.

5- Concerning my proposal of other Millennium objectives which will be written in Beirut Congress in 2015: Following the objectives of WCP to make psychotherapy an integral part of the general health which means the sources of suffering are not only emotional but also and especially existential: housing, poverty, repression, inequality, sickness... and the ones who are injured and affected are the children, the teenagers, the women and their suffering is not only deriving from their fantasies but are the result of serious socio-economic and systemic deficiencies.

6- The activities in the coming years are centred on the work of reframing the sources and manifestations of the human suffering which is the result of material, interactional and systemic deficiency. The human suffering is the result of an abandonment feeling caused by poverty, indifference and violence in a world living in an unlimited discomfort. The people in charge must be aware and work to ease the resulting misfortune and treat the alarming damages caused to the least fortunate children, teenagers and women categories.

Remains to establish a global multi-referential program: we are working in this context.

Regards,

Professor Abbas Makké